



JANUARY 2024

SMSD K-8



Personal Touch
FOOD SERVICE

Menu is Subject to Change.

Monday	Tuesday	Wednesday	Thursday	Friday
1 NYS Potatoes NYS Cabbage NYS Apples	2 Seasoned Meat & Cheese Tacos Steamed Corn Black Bean Salad 3/4 C NYS Apple -1 Piece Milk-8oz	3 Chicken Patty Sandwich Broccoli 3/4C Fruit 1/2C Milk-8oz	4 Spaghetti WG & Meatballs Green Beans 3/4C Fresh Fruit 1 piece Milk-8oz	5 Chicken Tenders Carrots 3/4c French Fries 1/2C Fruit 1/2C Milk-8oz
8 Hot Dogs on a WG Bun Baked Beans 3/4C Fruit 1/2C Milk-8oz	9 Macaroni & Cheese Corn 3/4C Fruit 1/2c Milk -8oz	10 Chicken & Cheese Wraps Steamed Broccoli 3/4c Fresh Fruit-1Piece Milk-8oz	11 BBQ Chicken Sandwich NYS Cole Slaw 3/4C NYS Apple-1Piece Milk-8oz	12 NO SCHOOL Professional Development Day STAFF ONLY
15  Martin Luther King, Jr. Day	16 Chicken Nuggets FF Ranch Black Bean Salad 3/4 C NYS Apple -1 Piece Milk-8oz	17 Cheeseburgers on a WG Bun Peas 3/4C Fruit 1/2C Milk-8oz	18 Beef & Broccoli Carrots 3/4C NYS Steamed Cabbage- 1/2C Fresh Fruit -1 Piece Milk-8oz	19 Pepperoni & Cheese Pizza Steamed Broccoli 3/4c Fruit 1/2c Milk-8oz
22 Hot Dog & Cheese Roll Ups Baked Beans 3/4C Fruit 1/2c Milk-8oz	23 Chicken Fajitas Carrots 3/4C Fruit 1/2c Milk-8oz	24 Open Face Turkey Sandwich Broccoli 3/4C NYS Apple -1 piece Milk-8oz	25 <u>Opposite Day</u> <u>Breakfast for Lunch</u> French Toast Sticks Sausage Roasted Red Potato Wedges 3/4C Juice Rush=1/2C Fruit Milk-8oz	26 Pepperoni & Cheese Pizzas Green Beans 3/4C Fruit 1/2C Milk-8oz
29 Chicken Tenders Broccoli 3/4C Fruit 1/2C Milk-8oz	30 BBQ Burger on a WG Bun Corn 1/2C Black Bean Salad 1/2 C NYS Apple 1 Piece Milk-8oz	31 Grilled Turkey & Cheese Flatbread Carrots 1/2C Green beans 1/2C Fruit 1/2c		

If your Son/ Daughter has a particular Food Allergy, please contact the food service office @ EXT. 219

NYS LOCAL FOODS

*Upstate Farms Dairy
-milk, yogurt, sour cream
*Lyn Oaken Farms Apples
*Local Farm Vegetables and Fruit
Used in Meal Program
Highlighted in Green

In Addition to the Entrée of the Day,
we also serve the following Items
Daily:

Salads Made to Order
(Includes Flatbread) 2M2G

Peanut Butter & Jelly Sandwich
(2M2G)

Fruit & Yogurt Parfait
w/Flatbread(2M2G)

Offered daily
with all School Lunches:
Fresh or Prepared Fruit
(Must take ½ cup of Fruit or Vegetable –
may take up to 1 cup)
NY State Non- or Low-Fat
White or
Non Fat Chocolate Milk 8oz